

# RYDGES

## TRADEWINDS • CATERING

### Office Catering

Rydges Tradewinds Catering  
137 The Esplanade  
Cairns QLD 4870

P: 07 4053 0390

F: 07 4041 0750

E: [functions\\_tradewinds@rydges.com](mailto:functions_tradewinds@rydges.com)

[www.rydgestradewindscatering.com](http://www.rydgestradewindscatering.com)

## Allergen Policy

Rydges Tradewinds Cairns is a Gold License HACCP Accredited Business. We follow HACCP control procedures in the purchasing, processing and service of all food products.

All menu items prepared by our chefs follow preset methods and are prepared in accordance with HACCP guidelines, which is a superior risk management programme for ensuring food safety. Food contents are known for natural fresh products, however we advise our clients that we could be unaware of some ingredients in the food prepared by us that is supplied but not declared in the product statements from secondary suppliers. Olive oil is used in the cooking process of our grills.

Rydges Tradewinds Cairns will advise upon request ingredients to clients with allergies, however we accept no responsibility whatsoever for any inadvertent use of supplied undeclared products.

As we are HACCP accredited you will be asked to complete and sign documentation on receipt of your catering.



## Introduction to HACCP

HACCP Australia is a leading project management company which designs, implements and manages food safety programmes (FSP's) for organizations in the food and food related industries. HACCP Australia Food Safety Accreditation provides a recognised endorsement of food safety excellence. This endorsement offers assurance to the industry a product's suitability for use within a HACCP-based food safety programme.

HACCP is an internationally recognised method of identifying and managing risk and, when central to an active food safety programme, can provide vendors, the public and government sector bodies with a high degree of comfort that food safety is being taken seriously and is well managed. The concept is not new however. Researchers and suppliers to the NASA space programme developed the system to avoid the potentially disastrous consequences of failure above the earth's atmosphere. Today, many of the world's best manufacturers and vendors use the system as a basis for their quality management programmes.

## Menu Options

### Serviced Menus

#### Inclusions:

- ★ Event is attended by Chef/s
- ★ Wait staff provided
- ★ Equipment
- ★ Utensils
- ★ Cutlery
- ★ Crockery
- ★ White table linen
- ★ Tables and banquet chairs

*Set up fees may be applicable for depending on specified requirements and style of function.*

**Drop Off Only** options are available for smaller functions. *POA*

## Pricing

Prices are inclusive of GST. A surcharge may be applicable for Public Holidays.

Prices are valid until 31<sup>st</sup> March 2008. Menus are subject to change without notice due to availability.

Rydges Tradewinds Cairns / Rydges Tradewinds Catering

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**Telephone 07 4053 0390 Fax 07 4051 8649**

*email:* [functions\\_tradewinds@rydges.com](mailto:functions_tradewinds@rydges.com) *website:* [www.rydgestradowindscatering.com](http://www.rydgestradowindscatering.com)

## **Hot Buffet Breakfast**

### **Cold Section**

Selection of Chilled Fruit Juices and Iced Water

Assorted Dry Cereals and Milk

Whole and Sliced Fruit Platter

Poached Fruits

Platters of Cheese and Continental Meats

Natural and Fruit Flavoured Yoghurt

Mesculin Salad mix and White Wine Vinaigrette

Baskets of Warm Rolls, Croissants and Muffins  
with Preserves, Honeys & Butter

### **Hot Section**

Creamy Scrambled Egg

Grilled Bacon Rashers

Lamb and Chicken Sausages

Savoury Tomatoes

Golden Hash Browns

Rice Congee and Condiments

Miso Soup and Condiments

Tomato Sauce

Coffee and Tea

*Minimum 30 pax required*

**\$32.00 per person**

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## **Continental Breakfast**

Chilled Fruit Juices

Choice of Apple, Orange, Tomato and Pineapple

Sliced and Whole Seasonal Fruit

Platter of Continental Meats and Cheese

Fresh Croissants, Muffins and Danish Pastries

Whole meal and Whole grain rolls

Preserves and Butter

Coffee and Tea

*Minimum 20 pax required*

**\$23.00 per person**

## Drop Off Breakfast Menu

### Boxed Breakfast

Cereal

Milk

Poached Fruit

Cereal/Fruit Bar

Juice

Napkin, Spoon and Bowl

*Minimum 20 pax required to drop off*

**\$18.00 per person**

## **Sudbury Reef Buffet**

Selection of fresh Bread Rolls and Butter

### **Salads**

*Selection of five salads, for example*

Sweet Potato, Potato and Bacon Salad with Dijon Vinaigrette

Mixed Tossed Greens

Mushroom Salad

Tomato and Wakame (seaweed) Salad

Nicoise Salad

*Served with a selection of dressings*

### **Hot Selection**

Lasagne

Roasted Beef Sirloin

Stir Fried Chicken with Wok Tossed Vegetables

Served with Steamed Rice

### **Dessert**

Fruit Salad

Orange Juice

*Minimum 30 pax required*

**\$32.00 per person**

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## **Saxon Reef Buffet**

Selection of fresh Bread Rolls and Butter

### **Salads**

*Selection of five salads, for example*

Sweet Potato, Potato and Bacon Salad with Dijon Vinaigrette

Mixed Tossed Greens

Mushroom Salad

Tomato and Wakame (seaweed) Salad

Tropical Style Coleslaw with Pineapple and Coconut

*Served with four different dressings*

### **Hot Selection**

Lasagne

Roasted Beef Sirloin

Freshly Baked Quiche

Stir Fried Chicken with Wok Tossed Vegetables

Served with Steamed Rice

### **Desserts**

Fruit Salad

Pavlova with seasonal berries

Orange Juice

Coffee and Tea

*Minimum 30 pax required*

**\$39.00 per person**

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## **Arlington Reef Buffet**

Selection of fresh Bread Rolls and Butter

### **Salads**

*Selection of five salads, for example*

Sweet Potato, Potato and Bacon Salad with Dijon Vinaigrette

Nicoise Salad

Mushroom Salad

Mixed Tossed Greens

Cos Lettuce with Caesar, garnish of Bacon Bits, Croutons, Anchovies,  
grated Parmesan cheese and a creamy Caesar dressing

*Served with a selection of dressings*

### **Hot Selection**

Roasted Lamb Loin over Garlic & Rosemary Potatoes

Beef Lasagne

Freshly Baked Quiche

Stir Fried Chicken with Wok Tossed Vegetables

Fillets of Local Reef Fish, Lime Pesto and Cream sauce

Served with Steamed Rice

### **Desserts**

Fruit Salad and Whipped Cream

Selection of Pastries

Variety of Fine Cheese with Grissini and Crackers

Orange Juice

Coffee and Tea

*Minimum 30 pax*

**\$51.00 per person**

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## **Snapper Island Buffet**

A selection of Cold Cuts of Meats including Pastrami, Turkey and Ham  
Together with Pickles and Mustards

Baker's Crusty Bread Rolls and Butter

### **Salads**

*Selection of five salads for example*

Sweet Potato, Potato and Bacon Salad with Dijon Vinaigrette

Nicoise Salad

Mushroom Salad

Mixed Tossed Greens

Cos Lettuce with Caesar, garnish of Bacon Bits, Croutons, Anchovies,  
grated Parmesan cheese and a creamy Caesar dressing

*Served with a selection of dressings*

### **Hot Selection**

Skewers of Tandoori marinated Chicken Breast

Grilled and served with Cucumber Raita

Pork Loin Medallions

Over honey roasted sweet potato and red wine jus

Roasted Lamb

Cooked medium and presented on Garlic Chats and Cherry sauce

Penne Pasta

Cooked to the bite is served scattered with assorted roasted Italian styled vegetables and  
basil pesto

Seasonal Cooked Vegetables

Steamed Jasmine Rice

### **Desserts**

Selection of assorted Cakes

Freshly Sliced Tropical fruits

Variety of Local and Imported Cheeses with Crackers and Relish

Coffee and Tea

*Minimum 40 pax required*

**\$51.00 per person**

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## **Fitzroy Island Buffet**

### **Antipasto Platter**

Featuring a selection of Antipasto Vegetables, with interesting and taste filled condiments, such as Semi Dried Tomato, Kalamata Olives, Grilled Vegetables and Marinated Mushrooms

A selection of Cold Cuts of Meats including Pastrami, Turkey and Ham  
Together with Pickles and Mustards

Baker's Crusty Bread Rolls and Butter

### **Salads**

*Selection of five salads for example*

Mushroom Salad

Cos Lettuce with Caesar, garnish of Bacon Bits, Croutons, Anchovies, grated Parmesan cheese and a creamy Caesar dressing

Sweet Potato, Potato and Bacon Salad with Dijon Vinaigrette

Mixed Tossed Greens

Tomato and Wakame (seaweed) Salad

*Served with a selection of dressings*

### **Hot Selection**

Medallions of Beef

With Mushroom Ragout and Green Peppercorn Jus

Fillets of Locally caught Reef Fish  
Oven Baked and Citrus cream sauce

Leg of Lamb

Studded with Rosemary and Garlic and served Carved with mint infused Jus

Skewers of Tandoori marinated Chicken Breast  
Grilled and served with Cucumber Raita

Seasonal Cooked Vegetables

Steamed Jasmine Rice

### **Desserts**

Selection of assorted Cakes

Freshly Sliced Tropical fruits

Variety of Local and Imported Cheeses with Crackers and Relish

Coffee and Tea

*Minimum 40 pax required*

**\$57.00 per person**

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## **Green Island Buffet**

### **Seafood Selection**

Ocean Harvested Prawns on Ice  
Green Lipped Mussels with Tropical Salsa  
Blue Swimmer Crab  
Freshly Shucked Oysters

### **Antipasta Platter**

Featuring a selection of Antipasto Vegetables, with interesting and taste filled condiments, such as Semi Dried Tomato, Kalamata Olives, Grilled Vegetables and Marinated Mushrooms  
A selection of Cold Cuts of Meats including Pastrami, Turkey and Ham  
Together with Pickles and Mustards  
Baker's Crusty Bread Rolls and Butter

### **Salads**

*Selection of five salads for example*  
Sweet Potato, Potato and Bacon Salad with Dijon Vinaigrette  
Cos Lettuce with Caesar Garnish  
Mushroom Salad  
Tomato and Wakame (seaweed) Salad  
Salad of Tomato, Green Beans, Tuna, Olives and Potatoes

*Served with a selection of dressings*

### **Hot Selection**

Pork Loin Medallions  
Over honey roasted sweet potato and red wine jus

Roasted Lamb  
Cooked medium and presented on Garlic Chats and Cherry sauce

Penne Pasta  
Cooked to the bite is served scattered with assorted roasted Italian styled vegetables and basil pesto

Medallions of Beef  
With Mushroom Ragout and Green Peppercorn Jus

Seasonal Cooked Vegetables

Steamed Jasmine Rice

### **Desserts**

Selection of assorted Cakes  
Freshly Sliced Tropical fruits  
Variety of Local and Imported Cheeses with Crackers and Relish

Coffee and Tea

*Minimum 40 pax required*

**\$66.00 per person**

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## **Double Island Buffet**

### **Seafood Selection**

Freshly Shucked Oysters with Lemon  
Ocean Harvested Prawns on Ice  
Green Lipped Mussels with Tropical Salsa  
Blue Swimmer Crab

### **Antipasto Platter**

Featuring a selection of Antipasto Vegetables, with interesting and taste filled condiments, such as Semi Dried Tomato, Kalamata Olives, Grilled Vegetables and Marinated Mushrooms  
As well as a selection of Cold Cuts of Meats including Pastrami, Turkey and Ham together with Pickles and Mustards

Baker's Crusty Bread Rolls and Butter

### **Salads**

Selection of five salads **for example**  
Nicoise Salad  
Mixed Tossed Greens  
Mushroom Salad  
Sweet Potato & Bacon Salad with Dijon Mustard  
Salad of Tomato, Green Beans, Tuna, Olives and Potatoes  
*Served with a selection of dressings*

### **Hot Selection**

Pork Loin Medallions  
Over honey roasted sweet potato and red wine jus  
  
Leg of Lamb  
Studded with Rosemary and Garlic and served Carved with Mint infused Jus  
  
Fillets of Locally caught Reef Fish  
Oven Baked and served with a Citrus Cream sauce  
  
Skewers of Tandoori Marinated Chicken Breast  
Grilled and served with Cucumber Raita  
  
Seasonal Cooked Vegetables  
Steamed Rice is available from the Rice cooker

### **Desserts**

Selection of assorted Cakes  
Freshly Sliced Tropical fruits  
Variety of Local and Imported Cheeses with Crackers and Relish

Coffee and Tea

Minimum 50 adults required

**\$72.00 per person**

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## Upolu Cay BBQ Buffet

Bread Rolls, Hamburger Buns and Butter

### Salads

*Selection of four salads, for example*

Sweet Potato, Potato and Bacon Salad with Dijon Vinaigrette

Mixed Tossed Greens

Tomato and Wakame (seaweed) Salad

Traditional Caesar Salad

*Served with four different dressing*

### Hot Selection

BBQ Sausages

Beef Patties

Chicken Thigh

Served with Baked Potato

*Condiment with Sour Cream, Bacon Bits and Chopped Spring Onions*

### Dessert

Fruit Salad

Orange Juice

*Minimum 30 pax*

**\$32.00 per person**

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## **St. Crispin's Reef BBQ Buffet**

### **Cold Seafood Selection**

Ocean Fresh Prawns  
Blue Swimmer Crabs  
Served with dipping sauces

### **Salad**

*Selection of five salads for example*  
Sweet Potato, Potato and Bacon Salad with Dijon Vinaigrette  
Cos Lettuce with Caesar Garnish  
Mushroom Salad  
Tomato and Wakame (seaweed) Salad  
Salad of Tomato, Green Beans, Tuna, Olives and Potatoes

*Served with a selection of dressings*

Bread Rolls and Butter

### **Hot Selection**

Grilled Mini Steaks

Chicken Pieces

Crocodile Tail

Kangaroo

*Accompanied by:*

Vegetables  
Steamed Rice  
Full selection of dips and sauces

*Condiments:*

Sweet Chilli, BBQ Sauce and Soya Sauce

### **Dessert**

Mini Pavlovas  
Lamington slice  
Sliced Fruits

Coffee and Tea

*Minimum 30 pax required*

**\$72.00 per person**

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## Low Isles Plated Dinner

*(Can be served as an Alternate Drop if requested)*

<b>2 course:</b> Please select two dishes for the group	\$46.00 per person
<b>3 course:</b> Please select three dishes for the group	\$56.00 per person
<b>4 course:</b> Please select four dishes for the group	\$63.00 per person
<b>Menu upgrades:</b>	\$ 4.00 per person

### Appetizers

*Served one platter per table, no alternate drop available*

Antipasto Platters with cured meats, marinated vegetables, fetta cheese, olives, grilled Panini & pesto dip

*Or*

Seafood tasting platters with Tiger prawns, Natural Rock Oysters, Sand Crabs, Seasonal fruit & Sauces

### Entrée

Moroccan spiced Lamb Back Strap over rocket, feta & roasted pumpkin salad with sweet balsamic reduction

*Or*

North Queensland Tiger Prawns with Mango & Avocado salad & Chilli, coriander & mint dressing

*Or*

Seared yellow fin tuna over tomato, lime salsa & watercress, Wasabi aioli

*Or*

Spanner Crab & Ricotta tartlet with candied lime salsa & sesame rocket salad

*Or*

Chicken & vegetable spring rolls with chilli, plum & ginger dipping sauce

*Or*

Vegetable Spring rolls with chilli, plum & ginger dipping sauce

*Or*

Hoi Sin Chicken Fillet with Asian style green salad & sesame vinaigrette

*Or*

Creamy Pumpkin & Ginger soup with hazelnut oil

***Mains, Desserts and Upgrades listed over page***

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## Low Isles Plated Dinner Continued

### Mains

- Pan seared Coral Trout fillet over warm coconut & kumara salad with melon & chili salsa  
*Or*  
Pan seared Atlantic Salmon over grilled chorizo & citrus salad  
with balsamic reduction & saffron oil  
*Or*  
Char grilled Sirloin Steak with roasted garlic infused mash steamed vegetables & Merlot jus  
*Or*  
Char grilled Beef Tenderloin with roasted garlic infused mash,  
steamed vegetables & Merlot jus  
*Or*  
Mediterranean spiced Chicken Breast over mushroom & saffron risotto with Marsala jus  
*Or*  
Oven roasted Lamb Rump with honey roasted root vegetable stack & white truffle jus  
*Or*  
Soy & ginger glazed Pork Loin over sweet potato mash & steamed Asian greens  
*Or*  
Grilled Asparagus, roasted bell pepper, cherry tomato & goat's cheese risotto  
with parmesan & truffle oil

### Desserts

- Crème Passionfruit Charlotte with berry coulis & fresh farm house cream  
*Or*  
Assorted Mini Dessert Platters with fresh farm house cream for each table  
*Or*  
Individual Pavlova with fresh fruit, seasonal berries & marbled chocolate chards  
*Or*  
Steamed date puddings with creamy butterscotch sauce  
*Or*  
Selection of fine Australian cheeses with seeded lavosh & fig terrine

*Coffee and Tea*

### Menu Upgrades

- Petit fours  
*Or*  
A choice of home made sorbets between courses  
*Or*  
Assorted cheese boards for each table

*Minimum 20 pax required*

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## Rydges Tradewinds Canapés

Choose 2 Hot and 2 Cold Canapés	\$18.00 pp per hour	<i>(min. 20 people)</i>
Choose 3 Hot and 3 Cold Canapés	\$21.00 pp per hour	<i>(min. 20 people)</i>
Choose 4 Hot and 4 Cold Canapés	\$23.00 pp per hour	<i>(min. 20 people)</i>

### Cold Options

- ★ Vietnamese Rice Paper Wraps
- ★ Roasted Red Pepper & Fetta Dip with Grilled Naan
- ★ Smoked Salmon & Caper Frittata with Lemon Aioli
- ★ Manzanillo Olive Tapenade with Mini Lavosh
- ★ Mixed Nori Rolls with Wasabi
- ★ Herb Crusted Tuna Sashimi
- ★ Ricotta Cheese & Caramelized Onion Tartlets
- ★ Rare Beef Rosette with Fried Spanish Onion & Horseradish

### Hot Options

- ★ Mediterranean Spiced Risotto Balls
- ★ Tempura Prawns
- ★ Satay Chicken Skewers
- ★ Fried Chorizo Flowers with Chilli, Plum
- ★ Mini Beef Spring Rolls
- ★ Mini Vegetable Samosas
- ★ Spinach & Ricotta Parcels
- ★ Petite Gourmet Pies

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## Rydges Tradewinds Substantial Canapés

Choose 2 Hot, 2 Cold Canapés & 1 Dessert \$29.00 pp per hour *(min. 40 people)*  
Choose 3 Hot, 3 Cold Canapés & 1 Dessert \$34.00 pp per hour *(min. 40 people)*

### Cold Options

- ★ Cup Size Cajon Chicken & Walnut Salad with lemon Dressing
- ★ Seafood Taste plate with Grilled Scallop, Cured Salmon, Tiger Prawns
- ★ Grilled Turkish with Tomato Basil Salsa
- ★ Five Spice Duck Salad with Poached Baby Pear & Champagne Vinaigrette
- ★ Fetta & Roasted Vegetable Tartlet with Red Onion Jam

### Hot Options

- ★ Cup Sized Banana Chicken Curry with Mini Poppadom
- ★ Crispy Cinnamon Chicken Strips with Soy Glass Noodles
- ★ Szechwan Beef Stir Fry In with Hoiken Noodles In Wok Boxes
- ★ Pesto & Chilli Pasta Boxes
- ★ Mini Fish & Chips with Charred Lemon
- ★ Seafood Risotto Cups with shaved Parmesan

### Dessert

- ★ Tropical Fruit Skewers with Jaffa Dipping Sauce
- ★ Assorted Petite French Pastries
- ★ Assorted Mini Tarts & Terrines

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## Drop Off Menu Platters and Morning & Afternoon Tea options

*All platters serve 15 – 20 people.  
Minimum order of 4 Platters required for delivery within the CBD.*

Points of Sandwiches	\$40.00 per platter
Spicy Chicken Tenderloins and Mint rice paper rolls	\$65.00 per platter
Assorted Small Cakes and Tartlets	\$55.00 per platter
Fresh Sliced Seasonal Fruits	\$55.00 per platter
Cheese and Crudités with Dips	\$55.00 per platter
Seasoned Roast Chicken Pieces	\$65.00 per platter
Freshly glazed and baked Danish pastry	\$45.00 per platter
Blueberry muffin dusted with snow sugar	\$45.00 per platter
Half Scone topped with Strawberry jam and whipped cream	\$45.00 per platter
Mini Croissant, Bacon, Lettuce and Tomato	\$50.00 per platter
Glazed Fruit Tartlets	\$50.00 per platter
Fruit Skewers	\$35.00 per platter
Coffee & Tea (includes urns of coffee & teas with milk and sugars) \$3.50 per person	

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## Beverages

### Jug Drinks

Draught Beer	\$ 10.00 per jug
Juice	\$13.00 per jug
Soft Drinks	\$ 9.00 per jug

### Beverage Packages

#### **Rydgcs Tradewinds House Package**

House Sparkling, Red & White Wines  
Australian Standard Beer  
Juice  
Soft Drink

2 hours - \$27.00 pp      3 hours - \$31.00 pp      4 hours - \$35.00 pp

#### **Rydgcs Tradewinds Premium Package**

Standard Spirits: Scotch Whisky, Rum, Bourbon, Vodka or Gin  
House Sparkling, Red and White Wines  
Australian Premium Beer  
Juice  
Soft drink

2 hours - \$37.00 pp      3 hours - \$41.00 pp      4 hours - \$45.00 pp

#### **Rydgcs Tradewinds Deluxe Package**

Standard Spirits: Scotch Whisky, Bundaberg Rum, Jim Beam Bourbon, Smirnoff  
Vodka or Gilbeys Gin  
Hardy's Director's Special Port  
Rydgcs Tradewinds Selected Premium Australian White, Red and Sparkling Wines  
Australian Premium Beer  
Juice  
Soft drink

2 hours - \$42.50 pp      3 hours - \$46.00 pp      4 hours - \$50.00 pp

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